

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0104 Estimated average burden hours per response... 0.5

# INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *	2. Date of Event Requiring Statement (MM/DD/YYYY)	3. Issuer Name	and Ticker or Ti	rading Symbol		
Melara Julio A	6/21/2023	Investar Ho	Investar Holding Corp [ISTR]			
(Last) (First) (Middle)	4. Relationship of Reporting P	erson(s) to Issuer	(Check all applied	cable)		
C/O INVESTAR HOLDING CORPORATION, 10500 COURSEY BLVD.	_X_ Director Officer (give title below)	10% Owner Other (specify b	elow)			
(Street) BATON ROUGE, LA 70816	5. If Amendment, Date Original Filed(MM/DD/YYYY)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting PersonForm filed by More than One Reporting Person				
(City) (State) (Zip)						
Table I - Non-Derivative Securities Beneficially Owned						
1. Title of Security     2. Amount of S       (Instr. 4)     Beneficially O       (Instr. 4)     (Instr. 4)			3. Ownership Form: Direct	4. Nature of Indirect Beneficial Ownership (Instr. 5)		

	(Instr. 4)	(D) or Indirect (I) (Instr. 5)	
Common Stock	6804 <u>(1)</u>	D	
Common Stock	2436	Ι	401(k)
		•	

# Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

		ť		(8)1	, 1		,
1. Title of Derivate Security	2. Date Exercisable		3. Title and Amount of		4. Conversion	5. Ownership	6. Nature of Indirect
(Instr. 4)	<b>1</b>		1 5 8		or Exercise	Form of	Beneficial Ownership
					Price of	Derivative	(Instr. 5)
			(Instr. 4)		Derivative	Security:	
					Security	Direct (D) or	
		-		Amount or Number of		Indirect (I)	
	Exercisable	Date		Shares		(Instr. 5)	

# **Explanation of Responses:**

(1) Includes 1,803 restricted stock units subject to certain annual vesting requirements.

# **Remarks:** EX 24: POWER OF ATTORNEY

# **Reporting Owners**

Reporting Owner Name / Address		Relationships				
		10% Owner	Officer	Other		
Melara Julio A C/O INVESTAR HOLDING CORPORATION 10500 COURSEY BLVD. BATON ROUGE, LA 70816	X					

# Signatures

/s/	Julio	Melara	6/30/2023
1.5/	Juno	micial a	0/50/2025

\*\*Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

### INVESTAR HOLDING CORPORATION

#### POWER OF ATTORNEY

Know all by these presents, that the undersigned hereby constitutes and appoints the Corporate Secretary, any Assistant Corporate Secretary, the Chief Financial Officer of Investar Holding Corporation (the "Company"), and the Director of Financial Reporting of Investar Bank, each signing individually (individually, an "Agent"), as the undersigned's true and lawful attorney-in-fact to:

(1) prepare, execute in the undersigned's name and on the undersigned's behalf, and submit to the U.S. Securities and Exchange Commission (the "SEC") a Form ID, including amendments thereto, and any other documents necessary or appropriate to obtain codes and passwords enabling the undersigned to make electronic filings with the SEC of reports required by Section 16(a) of the Securities Exchange Act of 1934 or any rule or regulation of the SEC;

(2) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director of the Company, Forms 3, 4 and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder;

(3) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4 or 5 and timely file such form with the SEC and any stock exchange or similar authority; and

(4) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to such attorneys-in-fact full power and authority to do and perform any and every act and

thing whatsoever requisite, necessary or proper

to be done in the exercise of any of the rights and powers herein granted, as fully to

all intents and purposes as the undersigned might or could do if personally present, with

full power of substitution or revocation, hereby ratifying and confirming all that such

attorneys-in-fact, or any such attorney-in- fact's substitute or substitutes, shall lawfully

do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. The undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4 and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by the undersigned in a signed writing delivered to the foregoing attorney-in-fact.

IN WITNESS WHEREOF, the undersigned has caused this Power of Attorney to be executed as of the date set forth below.

/s/ Julio Melara -----Signature

#### Julio Melara Print name

# Witness:

/s/ Patrice Theriot

Witness:

# /s/ John Campbell

Date: June 21, 2023

### SWORN TO AND SUBSCRIBED BEFORE ME

this 21st day of June 2023.

/s/ Katie Gravois Plaisance ------Notary Public #34566 Notary Public #