FORM 5

[] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. *See* Instruction 1(b).
[] Form 3 Holdings Reported
[] Form 4 Transactions Reported

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0362 Estimated average burden hours per response... 1.0

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person +	0,1	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
Middleton Suzanne O	Investar Holding Corp [ISTR]					
(Last) (First) (Middle)	3. Statement for Issuer's Fiscal Year Ended (MM/DD/YYYY)	_X_ Director10% Owner Officer (give title below)Other (specify below)				
C/O INVESTAR HOLDING	12/31/2021					
CORPORATION, 10500 COURSEY						
BLVD.						
(Street) BATON ROUGE, LA 70816 (City) (State) (Zip)	4. If Amendment, Date Original Filed(MM/DD/YYYY)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form Filed by One Reporting PersonForm Filed by More than One Reporting Person				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

			-			·	U		
1.Title of Security (Instr. 3)	2. Trans. Date	2A. Deemed Execution Date, if any	3. Trans. Code (Instr. 8)	or Disposed of (D)			d (A) 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership
				Amount	(A) or (D)	Price		or Indirect (I) (Instr. 4)	(Instr. 4)
Common Stock	1/31/2021		L	89	Α	\$16.28	30980	D	
Common Stock	2/2/2021		L	3	Α	\$16.77	30983	D	
Common Stock	4/30/2021		L	72	Α	\$21.92	31055	D	
Common Stock	4/30/2021		L	2	Α	\$22.10	31057	D	
Common Stock	7/31/2021		L	80	Α	\$22.64	31137	D	
Common Stock	8/2/2021		L	2	Α	\$22.30	31139	D	
Common Stock	10/29/2021		L	97	Α	\$18.67	31236	D	
Common Stock	10/29/2021		L	3	Α	\$18.54	31239	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivate	2. Conversion	3. Trans.	3A. Deemed	4. Trans.	5. Number of	of	6. Date Exer				8. Price of	9. Number	10.	11. Nature
Security	or Exercise	Date	Execution	Code	Derivative S	Securities	Expiration I	Date	Secur	ities Underlying	Derivative	of	Ownership	of Indirect
(Instr. 3)	Price of		Date, if any	(Instr. 8)	Acquired (A	A) or	(MM/DD/Y	YYY)	Deriv	ative Security	Security	Derivative	Form of	Beneficial
	Derivative				Disposed of	(D)			(Instr.	3 and 4)	(Instr. 5)	Securities	Derivative	Ownership
	Security				(Instr. 3, 4 a	nd 5)			-	-		Beneficially	Security:	(Instr. 4)
	-											Owned at	Direct (D)	
												End of	or Indirect	
							Date	Expiration	Title	Amount or Number of Shares		Issuer's	(I)	
							Exercisable	Date		Shares		Fiscal Year	(Instr. 4)	
					(A)	(D)						(Instr. 4)		

Explanation of Responses:

Reporting Owners

Reporting Owner Name / Address	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Middleton Suzanne O C/O INVESTAR HOLDING CORPORATION 10500 COURSEY BLVD. BATON ROUGE, LA 70816	X						

Signatures

/s/ Suzanne Middleton	2/14/2022
**Signature of Reporting Person	Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.